



Tipton Rosemark Academy

October 2017 Lunch Menu 1-12

	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
The Classics	Country Fried Steak Creamy Italian Chicken Roasted Potatoes	Chicken Taco Casserole Beef Enchiladas Fiesta Rice	Chick Fil A Nuggets	Spaghetti W/Meat Sauce Turkey Breast Steamed Broccoli	Rebel Burger Rebel Dog
Sides	Glazed Carrots Steamed Vegetables	Cheesy Refried Beans Corn Pudding	Waffle Fries	New Potatoes Seasoned Green Beans	French Fries
Passport Café	Nachos	Sub Sandwich	Baked Potato	Baked Ravioli	Boneless Wings Apple Cobbler
Grille Feature	Grilled Cheese	Spicy Chicken Sandwich	Chick Fil A Sandwich	Philly Cheese Steak Grilled	

	9	10	11	12	13
The Classics					
Sides					
Passport Café					
Grille Feature					

	16	17	18	19	20
The Classics	Poppy Seed Chicken Hamburger Steak Mashed Potatoes	Soft Chicken Taco Beef Enchiladas Rice Pilaf	Chick Fil A Nuggets	Rotisserie Chicken Pot Roast Macaroni and Cheese	Rebel Burger Rebel Dog
Sides	English Peas Breaded Okra	Cheesy Refried Beans Corn Nuggets	Waffle Fries	Steamed Broccoli Vegetable Medley	French Fries
Passport Café	BBQ or Cheese Nachos	Sub Sandwiches	Baked Potato 32	Bosco Sticks with Marinara	Boneless Zing Wings Chocolate Cobbler
Grille Feature	Grilled Cheese	Spicy Chicken Sandwich	Chick Fil A Sandwich	Philly Cheese Steak	

	23	24	25	26	27
The Classics	Glazed Meatloaf Chicken Stir-Fry Mashed Potatoes	Beef Taco Casserole Chicken Enchiladas Spanish Rice	Chicken Tenders Chicken Sandwich	Beef Stew Crispy Cheddar Chicken Roasted Potatoes	Pizza Cheese, Sausage or Pepperoni
Sides	English Peas Steamed Vegetables	Green Beans Corn Pudding	French Fries	Breaded Okra Vegetable Medley	
Passport Café	Chili Cheese Dogs	Sub Sandwiches	Baked Potato Soup of the Day	Warm Cookies	Triple Chocolate Brownie Baked Potato
Grille Feature	Grilled Cheese	Spicy Chicken Sandwich	Grilled Cheese	Philly Cheese Steak	

	30	31			
The Classics	Chicken Parmesan Baked Lasagna Scalloped Potatoes	Crunchy Taco Chicken Enchiladas Refried Beans			
Sides	English Peas Steamed Vegetables	Fiesta Rice Buttered Corn			
Passport Café	Cheese Nachos	Warm Cookies			
Grille Feature	Grilled Cheese	Spicy Chicken Sandwich			



Grab & Go Freshly-made Wraps, Hoagies, & Parfaits 		Daily Grille Items Hamburgers Hot Dogs & Corn dogs Pizza Sticks Meal Deal 1 Entrée 2 Sides 16 oz Drink \$4.25	Served Twice a Month Pizza Hut & Chick-Fil-A Sandwiches 	Contact Us Angie Hickman, Food Service Director 901-829-4225 www.troose.com Pay online and view purchases at www.mypaymentsplus.com
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